#### BEFORE THE MARYLAND INSURANCE ADMINISTRATION

MARYLAND INSURANCE ADMINISTRATION\*
200 ST. PAUL PLACE, SUITE 2700 \*
BALTIMORE, MARYLAND 21202 \*

vs.

Maryland insurance Administration

APR 2 6 2021

UNITEDHEALTHCARE INSURANCE COMPANY 185 ASYLUM AVENUE HARTFORD CT 06103

MAKIFORD CT 00103

NAIC#

79413

CASE NO: MIR- RECE 2021 - 04 - 0

MIA FILE NO:

#### CONSENT ORDER

This Consent Order is entered into by the Maryland Insurance Commissioner and UNITEDHEALTHCARE INSURANCE COMPANY ("UHIC" or "Respondent") pursuant to §§ 2-108, 2-204, and 4-113 of the Insurance Article, Maryland Code Annotated, to resolve the matter before the Maryland Insurance Administration ("Administration").

### I. RELEVANT REGULATORY FRAMEWORK

- 1. Each insurer that uses provider panels for health benefit plans offered in the State must assure that its provider panels meet certain adequacy standards. On July 1 of each year each insurer is required to file a report with the Administration demonstrating the insurer's compliance with those standards.
  - 2. Section 15-112 of the Insurance Article provides, in pertinent part:
  - (a) (1) In this section the following words have the meanings indicated.

(5) (i) "Carrier" means:

1. an insurer;

- (b) (1) Subject to paragraph (3) of this subsection, a carrier that uses a provider panel shall:
  - (i) if the carrier is an insurer, nonprofit health service plan, health maintenance organization, or dental plan organization, maintain standards in accordance with regulations adopted by the Commissioner for availability of health care providers to meet the health care needs of enrollees.
- (c) (1) This subsection applies to a carrier that:
  - (i) is an insurer, a nonprofit health service plan, or a health maintenance organization; and
  - (ii) uses a provider panel for a health benefit plan offered by the carrier.
  - (2) (i) On or before July 1, 2018, and annually thereafter, a carrier shall file with the Commissioner for review by the Commissioner an access plan that meets the requirements of subsection (b) of this section and any regulations adopted by the Commissioner under subsections (b) and (d) of this section.
- 3. The regulations referenced in § 15-112(c)(2)(i) of the Insurance Article are set forth in COMAR 31.10.44.
- 4. The network adequacy standards are set forth in COMAR 31.10,44.04 -.06 and consist of travel distance standards (COMAR 31.10.44.04), appointment waiting time standards (COMAR 31.10.44.05), and provider-to-enrollee ratio standards (COMAR 31.10.44.06) (collectively, the "Standards").
- 5. The access plan content and filing requirements are set forth in COMAR 31.10.44.03, which provides, in pertinent part:
  - .03 Filing of Access Plan.
    - C. Each annual access plan filed with the Commissioner shall include:
      - (1) An executive summary in the form set forth in Regulation .09 of this chapter;

- (2) The information and process required by Insurance Article, §15-112(c)(4), Annotated Code of Maryland, and the methods used by the carrier to comply with the monitoring requirement under §15-112(c)(5);
- (3) Documentation justifying to the Commissioner how the access plan meets each network sufficiency standard set forth in Regulations .04—.06 of this chapter; and
- (4) A list of all changes made to the access plan filed the previous year.
- 6. COMAR 31.10.44.07 allows a carrier to apply for a temporary waiver from compliance with one or more of the Standards provided that certain criteria are met.

#### II. FINDINGS

- 7. UHIC holds a Certificate of Authority to act as an insurer in the State and uses provider panels for health benefit plans offered in the State. As such, it is subject to § 15-112 of the Insurance Article and the network adequacy standards set forth in COMAR 31.10.44.04 .06. In addition, UHIC is required to file a network adequacy plan in accordance with COMAR 31.10.44.03.
- 8. UHIC uses two provider panels for health benefit plans offered in the State, the Choice/Choice Plus network and the Core/Navigate network.
- 9. On July 1, 2019, UHIC submitted a Network Adequacy Plan for the Choice/Choice Plus network (the "UHIC 2019 Choice/Choice Plus Access Plan") and a Network Adequacy Plan for the Core/Navigate network (the "UHIC 2019 Core/Navigate Access Plan") to the Administration.
- 10. On August 8, 2019, UHIC submitted information to supplement the UHIC 2019 Choice/Choice Plus Access Plan and the UHIC 2019 Core/Navigate Access Plan. The information included a revised executive summary for the UHIC 2019 Core/Navigate Access Plan and several proprietary and confidential items, including access maps for

the Choice/Choice Plus and Core/Navigate networks, a listing of all Maryland essential community providers, and an explanation of the survey method that was used to document appointment waiting time standards.

- 11. On February 6, 2020, the Administration sent letters to UHiC requesting additional information and documentation necessary for the Administration to evaluate whether the UHIC 2019 Choice/Choice Plus Access Plan and the UHIC 2019 Core/Navigate Access Plan were in compliance with the Standards.
- 12. On April 3, 2020, UHIC submitted the additional information and documentation. The information included additional proprietary and confidential items, including justification to support UHIC's compliance with the appointment waiting time standards and UHIC's methodology for selecting essential community providers.

### A. The Access Plan-Travel Distance Standards

- 13. The data submitted by UHIC in connection with the UHIC 2019 Choice/Choice Plus Access Plan and the UHIC 2109 Core/Navigate Access Plan failed to demonstrate compliance with the Travel Distance Standards.
  - 14. COMAR 31.10.44.04 provides, in pertinent part:
  - .04 Travel Distance Standards
    - A. Sufficiency Standards.
      - (1) Except as stated in §B of this regulation, each provider panel of a carrier shall have within the geographic area served by the carrier's network or networks, sufficient primary care physicians, specialty providers, behavioral health and substance use disorder providers, hospitals, and health care facilities to meet the maximum travel distance standards listed in the chart in §A(5) of this regulation for each type of geographic area. The distances listed in §A(5) of this regulation shall be measured from the enrollee's place of residence.

(2) When an enrollee elects to utilize a gynecologist, pediatrician, or certified registered nurse practitioner for primary care, a carrier may consider that utilization as a part of its meeting the primary care provider standards listed in §A(5) of this regulation.

(5) Chart of Travel Distance Standards.

	Urban Area	Suburban Area	Rural Area
	Maximum	Maximum Distance	Maximum Distance
	Distance (miles)	(miles)	Miles
Provider Type:			

Allergy and 15 75 30 Immunology Dermatology 10 30 60 Gastroenterology 10 30 60 10 20 General Surgery 60 30 Gynecology, 5 10

\* \* \*

OB/GYN

Neurology	10	30	60
Oncology-Medical	10	20	60
and Surgical			
Oncology-	15	40	90
Radiation/Radiation			
Oncology			
Ophthalmology	10	20	60
Pediatrics-Routine	5	10	30
Primary Care			
Pulmonology	10	30	60
Urology	10	30	60

Facility Type:

Acute Inpatient	10	30	60
Hospitals			
Critical Care	10	30	100
Services-			
Intensive Care			
Units	}		
Diagnostic	10	30	60
Radiology		1	
Outpatient	10	30	50
Dialysis			
Outpatient	10	30	60
Infusion/			
Chemotherapy			

\* \* \*

Skilled Nursing	10	30	60
Facilities	-		
Surgical Services	10	30	60
(Outpatient or			
Ambulatory			
Surgical Center)			:
Other Behavioral	10	25	60
Health/Substance			
Abuse Facilities		٠,,٠	

- 15. The data self-reported by UHIC for both the UHIC 2019 Choice/Choice Plus Access Plan and the UHIC 2019 Core/Navigate Access Plan disclosed the following deficiencies based on distance of a provider to an enrollee's address:
  - (a) Allergy and immunology providers met the required standard for 99.2% of suburban enrollees, leaving 305 members outside the travel distance standard of thirty miles.
  - (b) Dermatology providers met the required standard for 99.9% of urban enrollees, leaving 36 members outside the travel distance standard of ten miles.

- (c) Gastroenterology providers met the required standard for 99.8% of urban enrollees, leaving 86 members outside the travel distance standard of ten miles.
- (d) General surgery providers met the required standard for 99,9% of urban enrollees, leaving 36 members outside the required travel distance standard of ten miles.
- (e) Gynecology, OB/GYN providers met the required standard for 99.6% of urban enrollees, leaving 209 members outside the travel distance standard of five miles. The standard was met for 99.2% of suburban enrollees, leaving 310 members outside the travel distance standard of ten miles.
- (f) Neurology providers met the required standard for 99.8% for urban enrollees, leaving 86 members outside the travel distance standard of tem miles.
- (g) Oncology-Medical and Surgical providers met the required standard for 99.8% of urban enrollees, leaving 86 members outside the travel distance standard of ten miles.
- (h) Oncology- Radiation/Radiation Oncology providers met the required standard for 99.8% of urban enrollees, leaving 86 members outside the travel distance standard of fifteen miles.
- (i) Ophthalmology providers met the required standard for 99,8% of urban enrollees, leaving 86 members outside the travel distance standard of ten miles.

- (j) Pediatrics-routine primary care providers met the required standard for 99.8% of urban enrollees, leaving 102 members outside the travel distance standard of five miles. The standard was met for 99.7% of suburban enrollees, leaving members 125 outside the travel distance standard of ten miles.
- (k) Pulmonology providers met the required standard for 99.9% of urban enrollees, leaving 36 members outside the travel distance standard of ten miles.
- (I) Urology providers met the required standard for 99.8% of urban enrollees, leaving 86 members outside the travel distance standard of ten miles.
- (m) Acute inpatient hospital facilities met the required standard for 99.8% of urban enrollees, leaving 86 members outside the travel distance standard of ten miles.
- (n) Critical Care Services-Intensive Care Unit facilities met the required standard for 99.8% of urban enrollees, leaving 86 members outside the travel distance standard of ten miles.
- (o) Diagnostic radiology facilities met the required standard for 99.8% of urban enrollees, leaving 86 members outside the travel distance standard of ten miles.
- (p) Outpatient dialysis facilities met the required standard for 99.8% of urban enrollees, leaving 86 members outside the travel distance standard of ten miles.

- (q) Outpatient infusion/chemotherapy facilities meet the required standard for 99.8%% of urban enrollees, leaving 86 urban enrollees outside the travel distance standard of ten miles.
- (r) Skilled nursing facilities met the required standard for 99.8% of urban enrollees, leaving 86 members outside the travel distance standard of ten miles.
- (s) Surgical services (outpatient or ambulatory surgical center) facility providers met the required standard for 99.8% of urban enrollees, leaving 86 members outside the travel distance standard of ten miles.
- (t) Other behavioral health/substance abuse facilities met the required standard for 99.3% of urban enrollees, leaving 331 members outside the travel distance standard of ten miles. The standard was met for 99.4% of suburban enrollees, leaving 212 members outside the travel distance standard of twenty-five miles.

## B. The Access Plan-Essential Community Providers

- 16. COMAR 31.10.44.04C(1) provides that each provider panel of a carrier, that is not a group model HMO provider panel, shall include at least 30 percent of the available essential community providers in each of the urban, rural, and suburban areas.
- 17. UHIC submitted executive summary forms as a part of the UHIC 2019
  Choice/Choice Plus Access Plan and the UHIC 2019 Core/Navigate Access Plan. The
  executive summary form for the UHIC 2019 Choice/Choice Plus Access Plan states that

62 essential community providers are participating in the Choice/Choice Plus network, which represents 46% of the total available essential community providers. The executive summary form for the UHIC 2019 Core/Navigate Access Plan states that 56 essential community providers are participating in the Core/Navigate network, which represents 41% of the total available essential community providers. UHIC reported that they have essential community providers and health departments in their network throughout Maryland including, but not limited to Baltimore and surrounding counties, suburban and western Maryland. UHIC did not provide documentation to establish the percentages of essential community providers that are participating providers in each urban, rural, and suburban area within the UHIC service area.

18. The data self-reported by UHIC in connection with the UHIC 2019 Choice/Choice Plus Access Plan and the UHIC 2109 Core/Navigate Access Plan failed to demonstrate that at least 30 percent of the available essential community providers in each of the urban, rural, and suburban areas are included in the network.

# C. The Access Plan-Appointment Waiting Time Standards

- 19. The data submitted by UHIC in connection with the UHIC 2019
  Choice/Choice Plus Access Plan and the UHIC 2109 Core/Navigate Access Plan failed to demonstrate compliance with Appointment Waiting Time Standards.
  - 20. COMAR 31.10.44.05 states, in pertinent part:

.05 Appointment Waiting Time Standards

A. Sufficiency Standards.

- (1) Subject to the exceptions in §B of this regulation, each carrier's provider panel shall meet the waiting time standards listed in §C of this regulation for at least 95 percent of the enrollees covered under health benefit plans that use that provider panel.
- (2) When it is clinically appropriate and an enrollee elects to utilize a telehealth appointment, a carrier may consider that utilization as a part of its meeting the standards listed in §C of this regulation.

## C. Chart of Waiting Time Standards

Waiting Time Standards			
Urgent care (including medical,	72 hours		
behavioral health, and substance use			
disorder services)	- · · · · · · · · · · · · · · · · · · ·		
Routine Primary Care	15 Calendar Days		
Preventive Visit/Well Visit	30 Calendar Days		
Non-Urgent Specialty Care	30 Calendar Days		
Non-urgent behavioral health/substance	10 Calendar Days		
use disorder services			

- 21. The data self-reported by UHIC in connection with both the UHIC 2019 Choice/Choice Plus Access Plan and the UHIC 2109 Core/Navigate Access Plan disclosed that urgent care services (including medical, behavioral health, and substance use disorder services) met the 72-hour standard for 92% of enrollees, representing a deficiency of three percentage points.
- 22. UHIC has acknowledged the deficiency in its self-reported data regarding appointment waiting time standards for urgent care services. UHIC advised that every Maryland Urgent Care Clinic they surveyed was able to provide care within 72 hours and that there are a sufficient number of Urgent Care Clinics within their Maryland network to

- A. That, pursuant to § 4-113 of the Insurance Article, based on consideration of COMAR 31.02.04.02, the Administration imposes an administrative penalty on UHIC of \$40,000 for the violations of § 15-112 of the Insurance Article and COMAR 31.10.44.03C identified here;
- B. The obligation of UHIC to pay the aforesaid administrative penalty is hereby suspended pending the Administration's (i) review of the access plan submitted by UHIC in 2021; (ii) determination as to whether the 2021 access plan substantiates representations made by UHIC related to its intent to improve its compliance with the Standards; (iii) review of all evidence submitted by UHIC demonstrating good faith efforts to meet all applicable standards; and (iv) based on such review and determination, decision on whether the administrative penalty should be paid, reduced, or rescinded.
- C. The Administration's review of UHIC's 2021 access plan shall include consideration of any waiver requested by UHIC as permitted by COMAR 31.10.44.07. A waiver granted to UHIC by the Administration may be considered a demonstration of UHIC's improvement of the same standard when the Administration makes its decision on whether the administrative penalty should be paid, reduced, or rescinded.

### OTHER PROVISIONS

- D. The executed Order and any administrative penalty shall be sent to the attention of: David Cooney, Associate Commissioner, Life and Health, 200 St. Paul Place, Suite 2700, Baltimore, MD 21202.
- E. For the purposes of the Administration and for any subsequent administrative or civil proceedings concerning Respondent, whether related or unrelated to the foregoing paragraphs, and with regard to requests for information about the Respondent made under the Maryland Public Information Act, or properly made by

governmental agencies, this Order will be kept and maintained in the regular course of business by the Administration. For the purposes of the business of the Administration, the records and publications of the Administration will reflect this Order.

- F. The parties acknowledge that this Order resolves all matters relating to the factual assertions and agreements contained herein and are to be used solely for the purposes of this proceeding brought by or on behalf of the Administration. Nothing herein shall be deemed a waiver of the Commissioner's right to proceed in an administrative action or civil action for violations not specifically identified in this Order, including, but not limited to, specific consumer complaints received by the Administration, nor shall anything herein be deemed a waiver of the right of the Respondent to contest other proceedings by the Administration. This Order shall not be construed to resolve or preclude any potential or pending civil, administrative, or criminal action or prosecution by any other person, entity or governmental authority, including but not limited to the Insurance Fraud Division of the Administration, regarding any conduct by the Respondent including the conduct that is the subject of this Order.
- G. Respondent has had the opportunity to have this Order reviewed by legal counsel of its choosing, and is aware of the benefits gained and obligations incurred by the execution of the Order. Respondent waives any and all rights to any hearing or judicial review of this Order to which it would otherwise be entitled under the Insurance Article with respect to any of the determinations made or actions ordered by this Order.
- H. This Order contains the entire agreement between the parties relating to the administrative actions addressed herein. This Order supersedes any and all earlier agreements or negotiations, whether oral or written. All time frames set forth in this Order may be amended or modified only by subsequent written agreement of the parties.

- I. This Order shall be effective upon signing by the Commissioner or his designee, and is a Final Order of the Commissioner under § 2-204 of the Insurance Article.
- J. Failure to comply with the terms of this Order may subject Respondent to further legal and/or administrative action.

Kathleen A. Birrane INSURANCE COMMISSIONER

By: David Cooney
Associate Commissioner, Life & Health

Date: 4/29/2/

## RESPONDENT'S CONSENT

RESPONDENT hereby CONSENTS to the representations made in, and to the terms of, the above Consent Order. On behalf of Respondent, the undersigned hereby affirms that he or she has taken all necessary steps to obtain the authority to bind Respondent to the obligations stated herein and does in fact have the authority to bind Respondent to the obligations stated herein.

Name:	John J. Matthews	
	signature on original	
Signature:		
Title:	Deputy General Counsel	
Date <u>:</u>	Opul 22, 2021	