

CareFirst of Maryland, Inc 2021

Network Adequacy 31.10.44							NOTES
Section .04 A. - Travel Distance Standards							
PPO - PROVIDER TYPE	Urban Area Maximum Distance (miles)	% of CF enrollees that meet Urban travel distance standards	Suburban Area Maximum Distance (miles)	% of CF enrollees that meet Suburban travel distance standards	Rural Area Maximum Distance (miles)	% of CF enrollees that meet Rural travel distance standards	
Primary Care Physician	5	100.0%	10	100.0%	30	100.0%	Gynecologists, pediatricians, and certified registered nurse practitioners are not used to meet the primary care standards. Pediatricians are considered primary care but are counted under the separate category of Pediatrics -- Routine/Primary Care
Gynecology, OB/GYN	5	99.7%	10	99.3%	30	100.0%	
Pediatrics -- Routine/Primary Care	5	100.0%	10	100.0%	30	100.0%	
Allergy and Immunology	15	100.0%	30	99.6%	75	100.0%	
Applied Behavioral Analyst	15	100.0%	30	100.0%	60	100.0%	
Cardiovascular Disease	10	99.9%	20	100.0%	60	100.0%	
Chiropractic	15	100.0%	30	100.0%	75	100.0%	
Dermatology	10	99.9%	30	100.0%	60	100.0%	
Endocrinology	15	100.0%	40	100.0%	90	100.0%	
ENT/Otolaryngology	15	100.0%	30	100.0%	75	100.0%	
Gastroenterology	10	100.0%	30	100.0%	60	100.0%	
General Surgery	10	100.0%	20	100.0%	60	100.0%	
Gynecology Only	15	100.0%	30	99.6%	75	99.2%	
Licensed Clinical Social Worker	10	100.0%	25	100.0%	60	100.0%	
Nephrology	15	100.0%	25	100.0%	75	100.0%	
Neurology	10	100.0%	30	100.0%	60	100.0%	
Oncology -- Medical, Surgical	10	99.9%	20	100.0%	60	100.0%	
Oncology -- Radiation/Radiation Oncology	15	100.0%	40	100.0%	90	100.0%	
Ophthalmology	10	100.0%	20	100.0%	60	100.0%	
Physiatry, Rehabilitative Medicine	15	100.0%	30	100.0%	75	100.0%	
Plastic Surgery	15	100.0%	40	100.0%	90	100.0%	
Podiatry	10	100.0%	30	100.0%	60	100.0%	
Psychiatry	10	100.0%	25	100.0%	60	100.0%	
Psychology	10	100.0%	25	100.0%	60	100.0%	
Pulmonology	10	100.0%	30	100.0%	60	100.0%	
Rheumatology	15	100.0%	40	100.0%	90	100.0%	
Urology	10	100.0%	30	100.0%	60	100.0%	
All other licensed or certified providers under contract with a carrier not listed	15	100.0%	40	100.0%	90	100.0%	
PPO - FACILITY TYPE	Urban Area Maximum Distance (miles)		Suburban Area Maximum Distance (miles)		Rural Area Maximum Distance (miles)		

Rheumatology	15	100.0%	40	100.0%	90	100.0%	
Urology	10	100.0%	30	100.0%	60	100.0%	
All other licensed or certified providers under contract with a carrier not listed	15	100.0%	40	100.0%	90	100.0%	
HMO - FACILITY TYPE	Urban Area Maximum Distance (miles)		Suburban Area Maximum Distance (miles)		Rural Area Maximum Distance (miles)		
Pharmacy	5	100.0%	10	100.0%	30	100.0%	
Acute Inpatient Hospitals	10	99.9%	30	100.0%	60	100.0%	
Critical Care Services -- Intensive Care Units	10	99.9%	30	99.9%	100	100.0%	
Diagnostic Radiology	10	100.0%	30	100.0%	60	100.0%	
Inpatient Psychiatric Facility	15	100.0%	45	100.0%	75	100.0%	
Outpatient Dialysis	10	100.0%	30	100.0%	50	100.0%	
Outpatient Infusion/Chemotherapy	10	97.8%	30	100.0%	60	100.0%	
Skilled Nursing Facilities	10	100.0%	30	100.0%	60	100.0%	
Surgical Services (Outpatient or Ambulatory Surgical Center)	10	100.0%	30	100.0%	60	100.0%	
Other Behavioral Health/Substance Abuse Facilities	10	100.0%	25	100.0%	60	100.0%	
All other licensed or certified facilities under contract with a carrier not listec	15	100.0%	40	100.0%	90	99.9%	
Section .04 C. - Essential Community Providers							
Each provider panel of a carrier, that is not a group model HMO provider panel, shall include at least 30 percent of the available essential community providers in each of the urban, rural, and suburban areas.							See Access Plan #5
Section .05 C. - Waiting Time Standards							
Waiting Time Standards			% of CF enrollees for which CF meets Appointment Waiting Time Standards	% of CF enrollees for which CF meets Appointment Waiting Time Standards			
*CF shall meet the waiting time standards listed below for at least 95% of the enrollees covered under health benefit plans that use that provider panel.							
			PPO	HMO			
Urgent Care (including medical, behavioral health, and substance use disorder services)	72 hours	100.0%	100.0%				
Routine Primary Care	15 calendar days	99.7%	99.7%				
Preventive Visit/Well Visit	30 calendar days	98.5%	98.5%				
Non-urgent specialty care	30 calendar days	99%	99%				
Non-urgent behavioral health/substance use disorder services	10 calendar days	98.1%	98.1%				
Section .06 B. - Provider-to-Enrollee Ratio Standards							
			PPO	HMO			
1 full-time physician or other appropriate full-time provider for							
1,200 enrollees for primary care			1:67	1:26			
2,000 enrollees for pediatric care			1:123	1:45			
2,000 enrollees for OB/GYN care			1:343	1:124			
2,000 enrollees for behavioral health care or services			1:57	1:22			
2,000 enrollees for substance use disorder care or services			1:57	1:22			See Access Plan #12

Section .09 A. Network Adequacy Access Plan Executive Summary Form							
		PPO	HMO				
Total Number of certified registered nurse practitioners counted as a primary care provider.		2,221	2,222				
Total percentage of primary care providers who are certified registered nurse practitioners.		27%	29%				
The total number of essential community providers in CF's network.		564	544				
The total percentage of essential community providers available in the health benefit plan's service area that are participating providers.		44%	43%				
The total percentage of telehealth appointments counted as part of the appointment waiting time standard results.		0%	0%				