

Background on Adult Medical Day Care (AMDC) Services

&

**How providing Insurance Coverage for
this service will help**

Reduce the Overall Cost of Care &

Improve Quality of Health for

Marylanders



What is AMDC in Maryland?

ADULT	16 Years and Older (no upper limit on age)		
MEDICAL	Nursing Level of Care, Medications Management, Doctor's Orders, Plan of Care, Allergies, Diet, Vitals, Health Monitoring, ...		
DAY	Morning to Afternoon Participants return to FAMILY as opposed to being Institutionalized		
CARE	Transportation:	Home <-> Center, Dr's Offices, Groceries, Outings, Shopping, ...	~ 3,700,000 Round Trip Services / Yr
	Nutrition:	Breakfast, Lunch, Snack	> 3 Million Meals / Yr
	Activities:	Physical, Cognitive, Mental, Social, ...	> 8 Million Hours of Supervised Care / Yr
	Rehabilitation:	Physical and/or Occupational Therapy	

AMDCs provide a Safety Net for Better Care to Maryland's Most Vulnerable Populations.

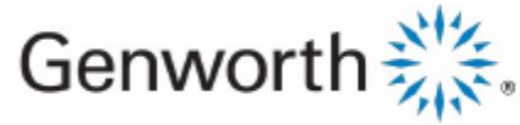


Adult Medical Day Care - Overview

- Adult Medical Day Cares (AMDC) are a significant part of Maryland’s “Continuum of Care”, currently providing daily services to about 6,000 of the most vulnerable members of our population.
- AMDCs serve frail elderly and also disabled adults with physical and/or mental conditions that prevent them from independently attending to their Activities of Daily Life (ADLs). By providing regular monitoring of individual’s conditions AMDCs can help Prevent and Reduce Hospital Visits and Re-Visits, and help maintain a higher quality of life for participants throughout the year.
- AMDCs are working testaments to the viability of the forward-thinking concept of providing comprehensive and continual care to individuals as opposed to fee-for-service model. The objective of the program is to help maintain or improve the overall quality of life of the individual. That’s why AMDC services encompass Medical, Social, Mental, Physical, Nutritional, and other aspects of participant’s life in a culturally appropriate manner tailored to each individual.
- AMDCs are licensed and regulated by the State of Maryland to provide Nursing Level of Care, making them the **ONLY** Alternative to Nursing Home Placement or Institutionalization for disabled and needy Marylanders.
- The program costs much less than nursing homes and brings significant savings to the State while improving the quality of life of the patients.



Cost of Care



Maryland - State

Annual Cost

2020

2021

Home Health Care

Homemaker Services

\$54,912

\$56,559

Homemaker Health Aide

\$57,200

\$58,916

Based on 44 hours per week by 52 weeks.

Adult Day Health Care

Adult Day Health Care

\$22,100

\$22,763

Based on 5 days per week by 52 weeks.

Assisted Living Facility

Private, One Bedroom

\$60,000

\$61,800

Based on 12 months of care, private, one bedroom.

Nursing Home Care

Semi-Private Room

\$122,275

\$125,943

Private Room

\$127,750

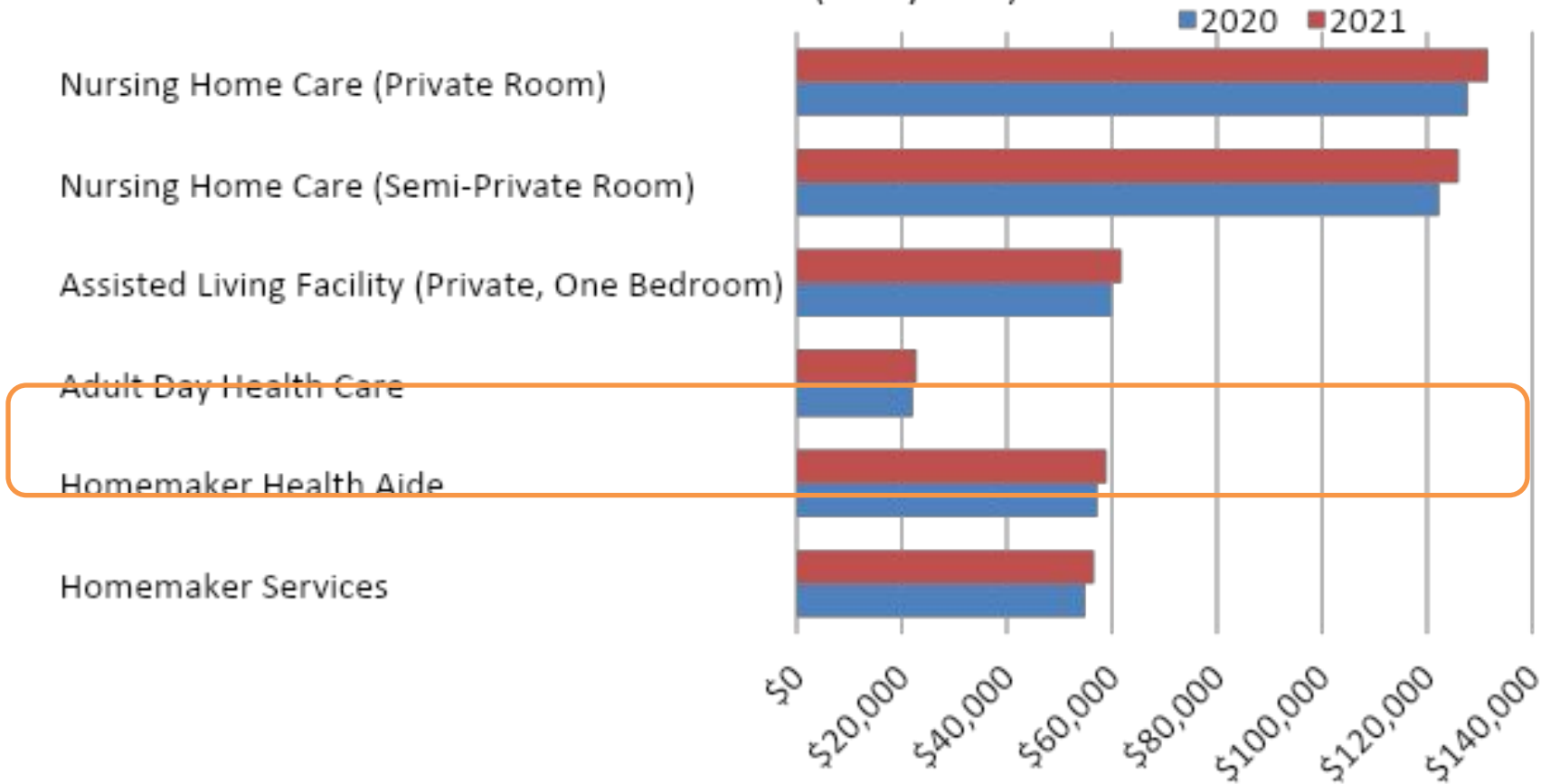
\$131,583

Based on 365 days of care.

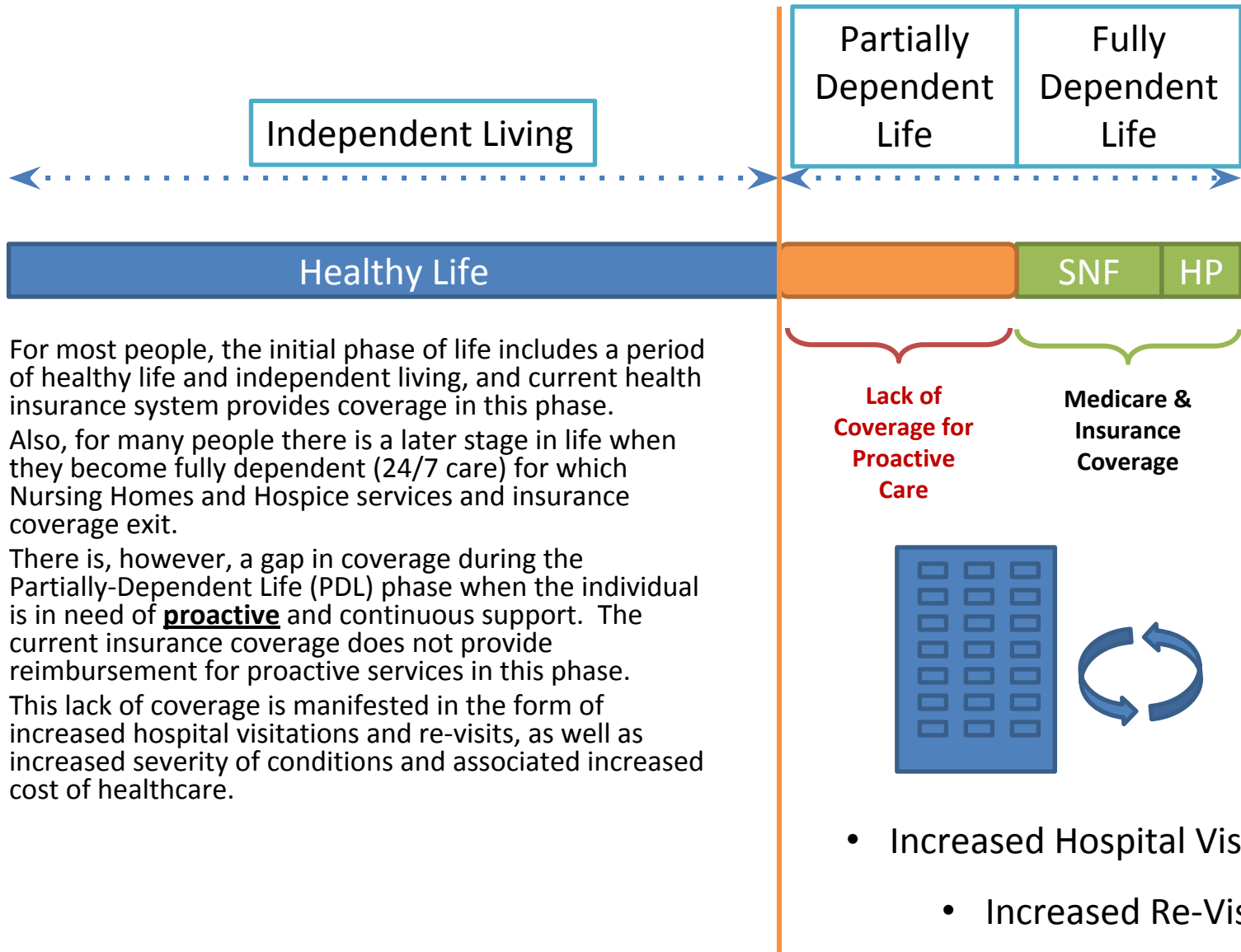


Adult Day Health Care brings significant cost savings to the State

Cost of Care (Maryland)



Providing Proactive Care in Partially-Dependent Phase of Life Improves Quality of Life & Reduces Total Cost of Care



- For most people, the initial phase of life includes a period of healthy life and independent living, and current health insurance system provides coverage in this phase.
- Also, for many people there is a later stage in life when they become fully dependent (24/7 care) for which Nursing Homes and Hospice services and insurance coverage exit.
- There is, however, a gap in coverage during the Partially-Dependent Life (PDL) phase when the individual is in need of **proactive** and continuous support. The current insurance coverage does not provide reimbursement for proactive services in this phase.
- This lack of coverage is manifested in the form of increased hospital visitations and re-visits, as well as increased severity of conditions and associated increased cost of healthcare.

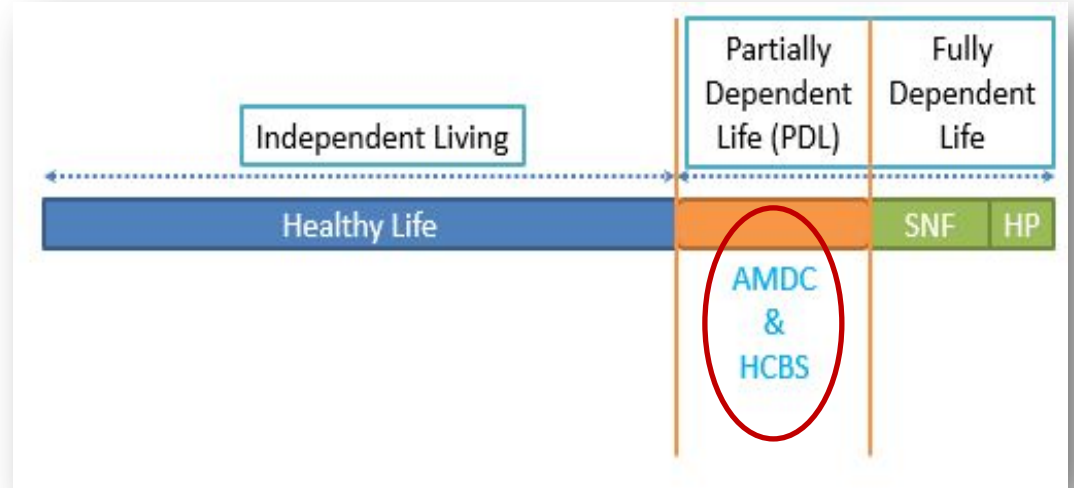
- Increased Hospital Visitations
 - Increased Re-Visits



Providing Insurance Coverage for Proactive Care during PDL for General Population can extend Improved Health Outcomes and Associated Cost Savings to beyond just the current Medicaid Waiver Recipients

- **Proactive Care in PDL Phase Results in:**

- Improved Quality of Life
- Reduction in Duration of more Costly Fully-Dependent Phase
- Reduction in Hospital Visits
- Reduction in Hospital Re-Visits
- Reduction in Severity of Illness
- Reduction in Overall Cost of Care



- AMDCs have provided proactive and comprehensive care during the PDL phase of life for Maryland’s Elderly and Adults with Disability for more than 4 decades.
- Through the successful implementation of a well-designed and mature AMDC program, State of Maryland has demonstrated that this care model is effective in improving quality of Life for Marylanders while significantly reducing the cost of care.
- At the present time, ~85% of AMDC participants are recipients of Medical Day Care Waiver, funded by Medicaid and under CMS oversight.
- **Insurance Companies should provide coverage for proactive AMDC services for partially-dependent individuals (e.g., Medicare Advantage, etc.)**

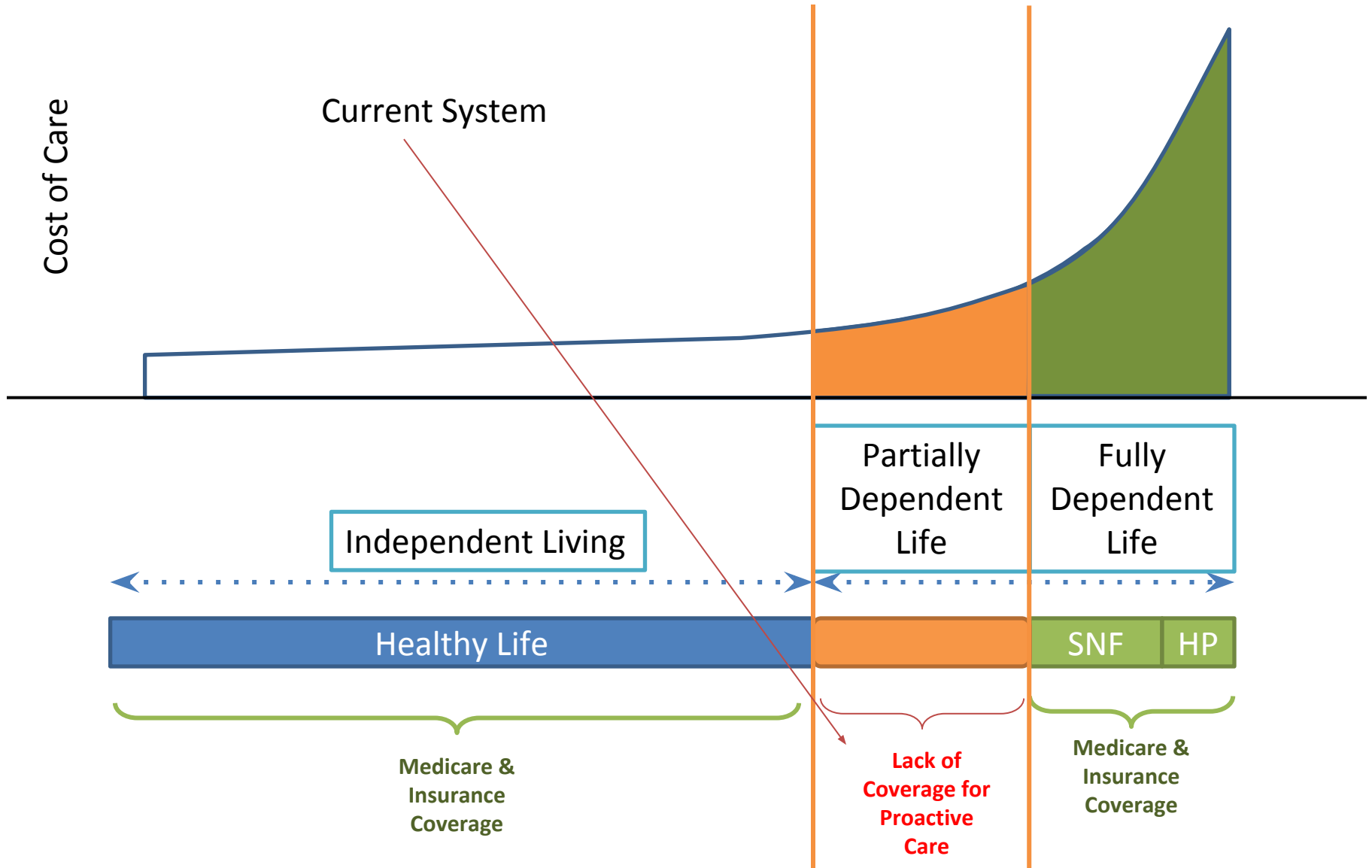
*AMDC: Adult Medical Day Care

HCBS: Home and Community Base Services

PDL: Partially-Dependent Phase of Life



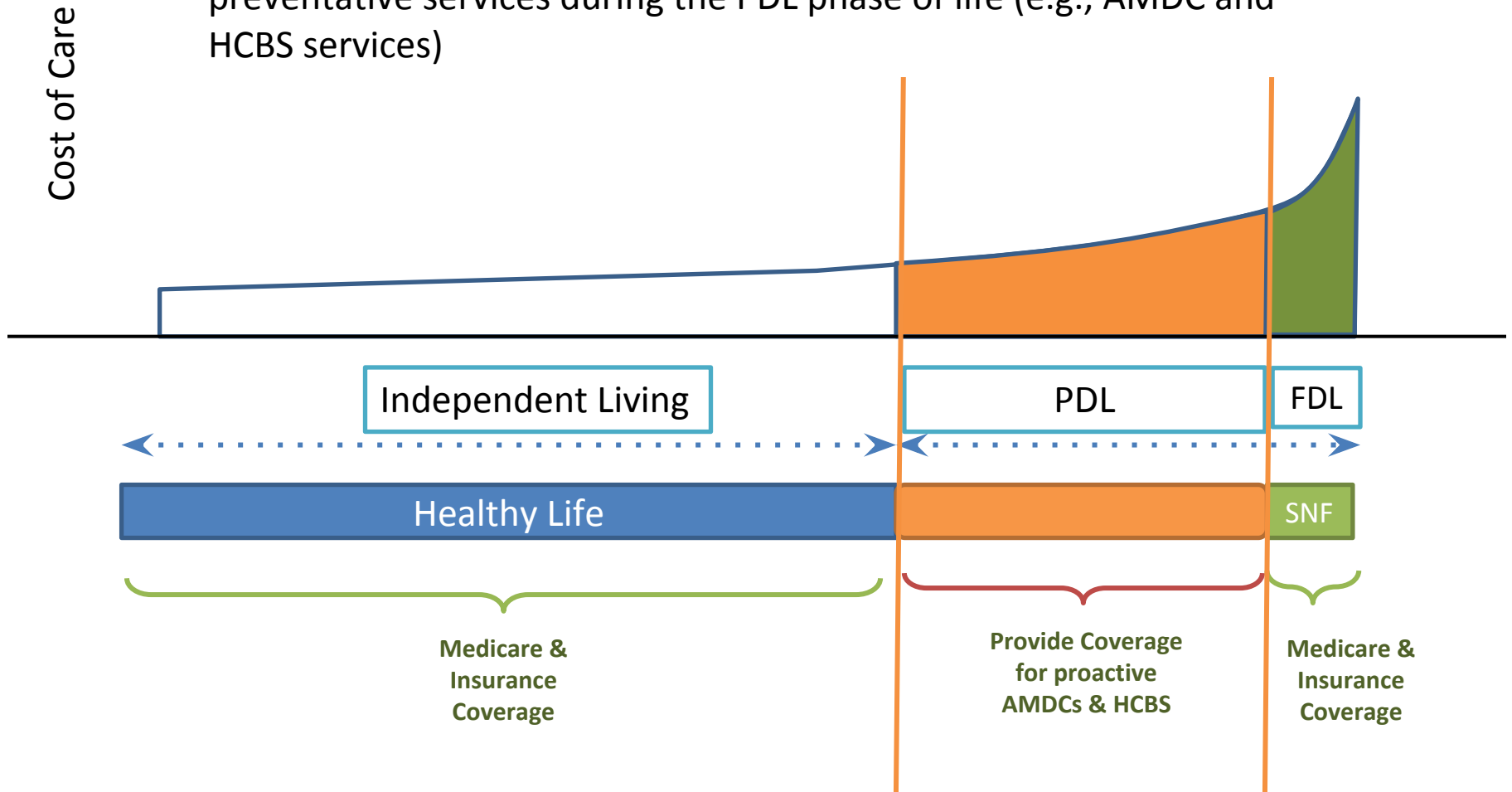
Focusing on Partially-Dependent Phase of Life Improves Quality of Life & Reduces Total Cost of Care





Focusing on Partially-Dependent Phase of Life Improves Quality of Life & Reduces Total Cost of Care

Overall cost of care is reduced by providing insurance coverage for preventative services during the PDL phase of life (e.g., AMDC and HCBS services)



*PDL : Partially Dependent Life FDL: Fully Dependent Life MDC: Medical Day Care HCBS: Home and Community Base Services



Thank You

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www.Maads.org

05/27/2021